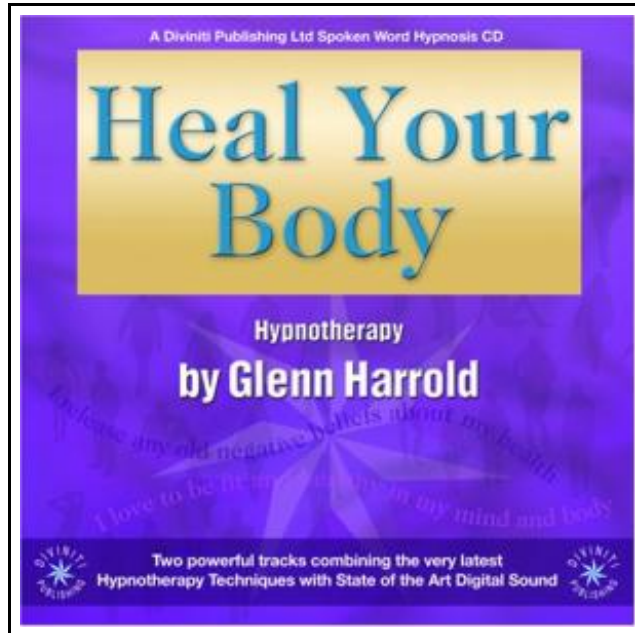


Heal Your Body



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(Mr. Grant Stanton PhD)

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DIVINITI PUBLISHING, United Kingdom, 2004. CD-Audio. Book Condition: New. 142 x 124 mm. Language: English . Brand New. Overcome any disease, illness or discomfort with this superb high quality 2 track hypnotherapy recording by the UKa??s best-selling hypnotherapist Glenn Harrold. Both tracks combines powerful clinical hypnotherapy techniques with state of the art recording technology. To overcome any illness, injury or disease you must develop a positive mindset as this is the key element in helping the body recover. Hypnotherapy is uniquely effective in programming the mind to achieve this in a safe and natural way. On both 30 minute hypnotherapy sessions you will hear Glenna??s acclaimed hypnotic voice and absorbing 60 bpm sound effects guiding you into a deeply relaxed state of mental and physical relaxation. You will also hear hypnotic echoed background affirmations panning from left to right across the stereo range and subtle background sound effects recorded at certain frequencies and in specific keys to enhance the deep relaxation effect. In this very receptive, relaxed state, you will be given a number of post hypnotic suggestions and carefully layered affirmations. This deeply relaxing method of delivering multiple suggestions simultaneously to the unconscious mind can facilitate positive changes very quickly. Track 2 includes a powerful Chakra balancing healing visualisation. At the end of both tracks you will be gently brought back to full waking consciousness with a combination of suggestion and music. There are also a number of positive subliminal suggestions (listed on the inside cover) that are embedded in the fade out music and facilitate the overall effect. This powerful CD is a completely safe and very effective way of helping you to heal any illness or disease by using the power of your mind.



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